

IWF World MASTERS W/L CHAMPIONSHIPS - DAILY PROGRAM
Heinsheim - Germany 30.09 - 08.10.2016
Technical Meeting: Friday 30th September 2016 11:00

	Weighing	Start	Nbr lifters	Age Group	Weight Groups	Grp. Nr.
Friday, 30th.	15:00 OPENING CEREMONY					
	14:00	16:00	21	M80	-56 -62 -69 -77	1
	16:00	18:00	16	M80	-85 -94 -105 +105	2
			37			
Saturday 01st	07:00	08:30	25	W70 W65 W60	All All All	3
	09:00	11:00	17	W55	All	4
	10:45	12:45	15	W50	-48 -53 -58 -63	5
	12:30	14:30	12	W50	-69 -75 +75	6
	14:00	16:00	17	W45	-48 -53 -58 -63	7
	16:00	18:00	21	W45	-69 -75 +75	8
			107			
Sunday 02nd	07:00	08:30	20	W40	-48 -53 -58	9
	08:30	10:30	13	W40	-63	10
	10:00	12:00	20	W40	-69 -75 +75	11
	12:00	14:00	29	W35	-48 -53 -58	12
	14:45	16:45	22	W35	-63 -69	13
	17:00	19:00	16	W35	-75 +75	14
			120			
Monday 03rd	07:00	08:30	15	M75	-56 -62 -69	15
	08:15	10:15	16	M75	-77 -85	16
	10:00	12:00	17	M75 M70	-94 -105 +105 -56 -62	17
	11:45	13:45	20	M70	-69 -77	18
	13:45	15:45	23	M70	-85 -94 -105 +105	19
	16:00	18:00	22	M65	-56 -62 -69	20
			113			
Tuesday 04th	07:00	08:30	19	M65	-77	21
	08:30	10:30	13	M65	-85	22
	10:00	12:00	17	M65	-94 -105 +105	23
	11:45	13:45	19	M60	-56 -62 -69	24
	13:45	15:45	25	M60	-77 -85	25
	16:00	18:00	26	M60	-94 -105 +105	26
			119			

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	Weighing	Start	Nbr lifters	Age Group	Weight Groups	Grp. Nr.
Wednesday 05th	07:00	08:30	24	M55	-56 -62 -69	27
	08:30	10:30	22	M55	-77 -85	28
	10:30	12:30	29	M55	-94 -105 +105	29
	13:30	15:30	21	M50	-56 -62 -69	30
	15:30	17:30	13	M50	-77	31
			109			
	20:00 CONGRESS					
Thursday 06th	07:00	08:30	19	M50	-85	32
	08:15	10:15	17	M50	-94	33
	10:00	12:00	22	M50	-105 +105	34
	12:00	14:00	31	M45	-56 -62 -69 -77	35
	15:00	17:00	24	M45	-85	36
	17:00	19:00	21	M45	-94	37
			134			
Friday 07th	07:00	08:30	17	M45	-105 +105	38
	08:15	10:15	18	M40	-56 -62 -69	39
	10:00	12:00	20	M40	-77	40
	12:00	14:00	28	M40	-85	41
	14:45	16:45	18	M40	-94	42
	16:30	18:30	20	M40	-105 +105	43
			121			
Saturday, 08th	07:00	08:30	18	M35	-56 -62 -69	44
	08:15	10:15	11	M35	-77	45
	09:45	11:45	22	M35	-85	46
	12:00	14:00	15	M35	-94	47
	13:45	15:45	22	M35	-105 +105	48
			88			
20:00H AWARDS & CLOSING BANQUET						