

# IWF-MASTERS

# weightlifting newsletter

---

## INTERNATIONAL ISSUE

---

VOL XXIX NO 2

BATON ROUGE, LA

Aug 30, 2005

---

---

### **MESSAGE FROM THE CHAIRMAN WALTER IMAHARA**

### **2005 WORLD MASTERS GAMES EDMONTON, CAN JULY 22-29, 2005**

The 2005 World Masters Games was held in Edmonton, Canada during the 100 year Centennial Celebration. Over 16,000 athletes from 85 nations were registered and participated in 27 sports. A great World Masters Games Opening ceremony with all the colored shirts in designated areas made a spectacular sight. The pageantry combined with the local color, the athletes, and officials made an unforgettable event.

The Weightlifting Opening ceremony was held in a sports venue called Millennium Place. With all the flags and a medley of the National anthems by Dr. David Meltzer, the Opening Ceremony was short but a beautiful evening. The venue was one of the best ever. There was a staff of volunteers second to none. The Weightlifting volunteers

and the WMG's officials were in full cooperation with the IWF Masters Committee. Mr. Dresdin Archibald, IWF Masters Weightlifting Commissioner, had organized the finest Masters W/L. event starting with the Opening ceremony to the 8 days of competition and concluding with a banquet.

I cannot say enough about the volunteers at the venue for the 10 days needed for our event. The group was lead by Roxanne Punkl with the best volunteers ever that we have had the opportunity to work with. Cooperation was 100% and their job performance was 110%.

The Championships was perfect from the start to the finish except for some small problems. The Championships was the first for the Masters Committee on an 8 day schedule. The athlete registration of 394 masters was the best from 33 nations. The Referees, Jury and Score table personnel did a tremendous job, in proper uniform and stayed on a strict 8 day schedule. Special thanks to newly elected Board member Les Simonton, Comp. Secretary who designed a new computer software program for managing a masters competition. He produced the start list, weight in sheets, competition cards, protocol forms, results sheets and record certificate for the IWF Masters records and World Masters Games records. All members of the Board and Committees were very efficient on their assigned duties. The 1 kg rule was in place and many winners were decided by 1 kg. Great idea.

Our special guest was Tommy Kono from Hawaii, who was invited for medal presentation and Jury duty. Tommy is well recognized by the Masters athletes from all over the world. A first time quest from the IWF Executive Board was Myrddin John, of Wales, and the Liaison Officer to the World Masters. We welcome Myrddin with many years of experience on the IWF Board.

Another special guest was President Tamas Ajan who made many trips to the venue during his visit at the Games. We had the pleasure of his visit as he spoke to the Executive Board on two occasions. Our special thanks to Tamas for including the Masters Supplement in the 2005-2008 IWF Handbook. This is a giant step for the IWF

Masters program worldwide. A remark was made by Tamas during a medal ceremony when the National anthems were sung by Dr. David Meltzer. Tamas remarks were "unbelievable and fantastic". With all the National flags displayed behind the lifting platform, another row was behind the audience and display of the flag on the video screen of the lifter on the platform, this was incredible and beautiful. Many World Masters Games VIP's were awed when they first entered the venue.

Many thanks to three WMG's officers who were assigned to coordinate weightlifting: Nicole Poirier, Sport Manager, April Zucker, Sport Liaison Officer and Roxanne Punkle, Volunteer assigned to weightlifting for the many hours spent on the WMG. For the last three years Dresden and I worked with them and you ladies did a terrific job. There were so many other volunteers at the venue who we are very grateful for making our sport so successful.

The IWF Masters Anti-Doping Commission was hard at work and many thanks to Dr. Richard Herrick and his wife Stella. The Masters Medical Team again was on hand and thanks to Dr. Mark Lavallee with a team of 4 medical doctors and assistants. At the closing banquet, Dr. Lavallee gave us a computer printout of all medical activities during the 8-day competition.

Congress was well attended and a special thanks to Mr. Bill Barton, General Secretary for doing a great job. Congress report is enclosed. The quota for Eysines, Bordeaux, France, August 26-Sept 2, 2006 was 721 athletes. The entry form for France was distributed.

Mr. Barton asked for the number of registered athletes from each nation present and the number exceeded 4,000. The bid for the 2008 IWF World Masters Championships were from Kefalonia, Greece and Montreal, Canada. Kefalonia, Greece was awarded the bid.

During the week inductees into the IWF Masters Hall of Fame were Howard Cohen (USA), Arne Norrback (SWE), Gunter Schmolke (GER) and Marga Jorgenson (DEN).

Special thanks to Mr. Bill Barton for producing a Financial Plan that was approved in Congress. Details in the minutes of Congress. A big step forward in the financial stability of the World Masters.

In closing, this 2005 World Masters Games, Edmonton, CAN, will go down in history as one of the finest championship in total cooperation from the volunteers and assigned committees.

---

**2005 WMG – Edmonton, Canada (21<sup>st</sup> – 29<sup>th</sup> July)  
IWF Masters Congress Minutes – 26<sup>th</sup> July**

Meeting started 18.5 Hours

1. **Attendance:** 25 voting countries present. Aruba, Australia, Austria, Belarus, Bulgaria, Canada, Chile,

Cyprus, Denmark, El Salvador, France, Germany, Great Britain, Greece, Hungary, Japan, Mongolia, New Zealand, Poland, Puerto Rico, Russia, Rep of South Africa, Sweden, Ukraine, USA. Bill Barton asked Congress to stand for a 1 minute silence in remembrance of Hubert Huber (AUT).

2. **Minutes of 2004 Congress, Baden, Austria.** 2.1 Acceptance proposed by GBR, seconded by Canada, accepted. 2.2 Flags – still some flags not provided by member countries, e.g., Finland.

3. **Chairman's Report.** The Board was introduced to Congress. Mr. Imahara stated that the next WMG is in Australia 2009. The Executive Board work was very hard at all the championships and pay their own expenses, except accommodation. The WMG is a big project and work for 2005 was started 3 years previously. At this WMG there has been total cooperation with all the Games' volunteers and it has been a good event so far. Earlier in 2005 the Chairman had set off from the USA to attend IWF in Congress in Istanbul but snow in Europe prevented him and he had to return home. However, the Masters rulebook is now included in the IWF rulebook indicating that Tamas Ajan understands and supports the Masters. At this championship there will be a jury but it will not overrule the decision of the 3 referees unless their decision is blatantly incorrect. The IWF Masters has a good Anti-Doping policy administered at this championship by Dr. Richard and Stella Herrick. The Medical Team from the USA obtains their own licenses to practice in another country and handle injuries to athletes from all over the world and this takes a lot of consideration. Next year the World masters will be in France and organized by the same committee who organized the 2003 European Masters. It was one of the best championships ever and it was organized by a woman.

4. **Treasurer's Report.** Congress was given a copy of the Income and Expenditure Account for the IWF Masters Committee and an explanation of the items under each heading. The cash in bank was shown as \$8487.79 US. Acceptance was proposed by the USA, seconded by Puerto Rico and accepted by Congress.

5. **Records Report.** Les Simonton produced a report showing all the IWF Masters records broken at various championships. Record certificates are being produced and distributed. WMG records certificates will be produced and ready by the end of the Games. It is hoped that certificates will be produced for the medal ceremony at future world championships.

6. **Women's Report.** Barbara Conley thanked all the women competitors for their support. There were 57 women athletes on the platform at this WMG and only 2 failed to reach the qualifying standard. The women's meeting voted for Caroline Charles (GBR) for the HOF 2006. Barbara Conley stated that 2004 was frustrating because she received no information from countries even though she had made a request. Now she has changed the Committee to include Continental Chairwomen – Tina Ball (NZL), Coral Quinn (AUS), Bron Carter (GBR), Marga

Jorgensen (DEN) and also Gudrun Schmidberger (GER) and Dr. Karen Marshall. Barbara Conley praised the women who refereed and worked – Jill Miller, Janis Kerr, Caroline Charles and Stella Herrick.

**7. Website Report.** Bill Brian set up the World Masters website 4 years ago; it is **your** website and you can send information for the website through approval by Mr. Imahara. Although few contributions have been received, it is there for everyone to use. He cooperates with Les Simonton also. The website is a free domain but because it has free hosting it has size limitations and it is possible to have a photo gallery in the future but this would mean a change of hosting and at a cost.

#### **8. World Masters Calendar**

**2005 WMG** Dresden Archibald reported that Seville, Spain had originally bid for the 2006 WMG but it opted out Edmonton bid and asked for 2005 because it was Edmonton's Centenary. Edmonton had a large volunteer force necessary for such an event. The next WMG will be in Sidney, Australia. He has had 3 years of exchanging emails with Mr. Imahara and time has passed so quickly and now the WMG has arrived and so far it has been enjoyable.

**2006 22<sup>nd</sup> IWF-Masters Championships - Eysines, France.** Quotas were taken from each country and Congress approved a total of 728 competitors and 8 days for the championship. Supported by Jean-Paul Belmas and Francois Bigot (FRA), Bill Barton made a brief presentation for the Eysines organization.

- A good new venue different from the 2003 European Masters
- Virtually the same organizing committee
- Entry form with accommodation lists agreed and produced
- New entry fee of E110.
- It will be a successful championship.

**2007 23<sup>rd</sup> IWF-Masters Championships - Kazincbarcika, Hungary.** Report by Mike Huszka. A bus service (athlete to pay) will be arranged from the airport to Kazincbarcika **upon request**. Training for athletes will be separate from the warm up at the venue. Translators for English, German, and Russian. The organizing committee ran a very successful European Masters Championship in 1999 and all efforts will be made to ensure that 2007 is better.

**2008 Bids for the World Masters Championships.** Two bids from Kefalonia, Greece and Shawinigan, short distance from Montreal, Canada. **Kefalonia** organized the 2000 European Masters and the 2001 World Masters. It is a very nice island with many hotels to serve the tourism. Regular flights from parts of Europe and from Athens to Kefalonia. The same venue will be used but improvements have been made since 2001. **Shawinigan** – organizers Club Okra has hosted many events in Quebec. The Mayor in Quebec sent a letter in support of the bid. Many hotels and motels from high to low priced, many good restaurants and shuttle bus from Montreal to Shawinigan. Congress voted 19 for Kefalonia and 4 for Greece. Congress awarded the championship for 2008 to Greece.

**2009 WMG, Sydney Australia.** Currently 7 days but can be extended to 8 days. The venue is the Sydney Showground. The AWF has allocated the running of the weightlifting event to the NSW Association. More information will be available next year.

#### **9. Continental's Chairmen's Report.**

**Asia:** Mr. Yutaka Nagashima reported that he took over the Asian Chairman last year and it has been a difficult task. He has received help from Bob Hemerey and hopes finally to ask all Asian representatives to speak together.

**Europe:** Bill Barton, European Masters Committee Chairman, reported that the 2005 championship in Dolny Kubin had been very successful with 465 entries and 392 actually competing. Successful doping control was carried out and three people (all from Germany) were admitted to the European Hall of Fame.

**Oceanic:** Bob Hemerey reported that Australia will host the Commonwealth Games in 2006 and many Masters will help, some as officials. He said he was pleasantly surprised that more women than men from Australia had competed in this WMG and he conveyed the best wishes of Paul Coffa, Oceanic President, to Congress.

**Pan Am:** Pedro Serrano reported that the Pan Am Masters had been held in Santa Domingo, Dominican Republic in May. The total number of competitors was 67 from 8 countries and there were 3 World and 15 Pan Am records broken. Doping control was done and 3 people, Howard Cohen, Pete Miller and Wally Underwood (USA) were admitted to the Pan Am Masters Hall of Fame.

**10. Congress Action. IWF-Masters Committee – Financial Plan** (report by Bill Barton). In accordance with the agreement reached by 2004 Congress in Baden a financial plan was produced by Bill Barton and the European Committee on behalf of the IWF Masters Committee. The main highlights of the plan were as follows.

- The IWF Masters Committee will control 1) the level of the entry fee, 2) the currency, and 3) the division of the fee between the IWF Masters Committee and the Organizing Committee. This control is flexible and gives the IWF Masters freedom to control, assess situations, and amend any of the above three principles.
- It is based on budgets for 4 years including the "WMG year" and three "World Championship years". This is necessary because the IWF Masters Committee has no control of entry fees in a WMG year and the income is minimal.
- Starting in 2006 France the entry fee is agreed and set at E110 (E10 less than 2004 Baden)
- The IWF Masters Committee will take 50% and the organizing committee 50% (ie. E55 to each).
- Income will be allotted and charged to specific "budget heads" and enable an improved growth of income to the IWF Masters Committee
- The plan will mean that there will be no radical increases to the entry fee and this clearly benefits all competitors.

Proposal to Congress. For 2006 in France the entry fee will be E110 with 50% (E55) going to the IWF Masters Committee and 50% (E55) to the Organising Committee. Acceptance proposed by GBR and seconded by Greece. 24 nations voted in favour, 1 abstained, motioned passed.

**11. Old Business.** None

**12. New Business.**

12.1 The Chairman, Mr. Imahara, read out a letter from Felix Binkowski (POL) bidding for the 2010 IWF World Masters Championships to take place in Olympic Centre near Warsaw. It is a very well equipped center and 12 platforms and good facilities for spectators. There is a hotel next door to the venue and 2 more nearby, and also student accommodation will be available. The Polish Masters have already organized 2 European and 1 World Masters Championship.

12.2 Mr. Iain Douglas (CAN) spoke about the future and obtaining sponsors and particularly the possibility of all Masters booking flights (and possible accommodation) through the same Travel Agent and obtaining better services and greater discounts. The possibility is that details could be placed on the IWF Masters website.

12.3 Address by Mr. Myrrdin John – IWF Masters/IWF Liaison Official. Mr. John addressed Congress and said that he had enjoyed the invitation and had enjoyed being here. He said that Tamas Ajan thinks highly of the Masters. "We must work together; all sports in Masters Games must be part of the body that controls it. Masters must not lose the special spirit shown by everyone. Mr. Imahara enjoys his Masters involvement and I look forward to working with Mr. Imahara. The IWF will support the Masters movement and as so will I as the IWF Masters Liaison Officer. It may even be a possibility that Mr. Imahara may become a member of the IWF Masters Executive Board. I am here to report and not to interfere and I wish you all – all the best for the future and I thank you for your kindness."

Congress closed at 20.20 hours.

Minutes by Bill Barton, IWF Masters General Secretary  
3<sup>rd</sup> August 2005

**SUPPLEMENT OF THE MASTERS RULES PRINTED IN THE IWF HANDBOOK**

The Supplement of the Masters rules are printed in the 2005-2008 IWF Handbook on page 179. The Masters Rules in the Handbook makes the strong and permanent bond between the IWF and the IWF Masters Committee. Many thanks to Dr. David Pursley who worked on this project for 7 years and finally a dream come true. Many thanks for the support of the IWF Masters Board of Directors for making the Supplement a reality. My last thank you is to Dr. Tamas Ajan for understanding the Masters when we meet in 1992 in Germany to discuss the future of the Masters. His long term vision of a new movement was realized and today we all enjoy the newly created IWF

Masters Committee. I thank all members of the Committee and National Masters Chairmen and all person who have supported me a Chairman since 1989.

Walter M. Imahara

**HUBERT HUBER, AUT**

What a great lost to his family and the Weightlifting World of which he so loved. His life was for immediate family and the family of Masters. I first meet Hubert 20 years ago, always with a great and friendly smile, the smile of international friendship. Any person who met Hubert for the first time will be his friend for a lifetime. In 1995, I ask Hubert to be the Vice Chairman for the IWF World Masters and his immediate reply was yes. With the help of Hubert and Walter Legel, the World Master had a new beginning. Hubert was the right man at the right place and for the right cause. We can never thank Hubert enough for his contribution for the development of the IWF World Masters.

I wish I could tell Hubert that the IWF Masters will be included in the 2005-2008 Handbook for the International Weightlifting Federation. Dr. Tamas Ajan recently sent me this message. We are fully accepted in the family of the IWF. Thank you, Hubert.

In 1995, Hubert was the 1<sup>st</sup> Masters to be inducted into the IWF Masters Hall of Fame Special Award. This award honors individuals who made significant contribution to the Sport of Masters Weightlifting. Currently there are only 10 in this category of the IWF Masters Hall of Fame. I had a chance to invite Hubert and Eveline Huber to the IWF World Masters in Baden, Austria in late September of 2004. Hubert and Eveline were both on the stage and given a great IWF Masters Hall of Fame ceremony with the national anthem of Austria. Hubert was very pleased and said thank you. On my eve of departing for the US, we had lunch and coffee at his home with many friends. It was a great day for me and I will never forget Hubert.

Farewell, my friend.

Walter Imahara  
IWF Masters Chairman  
April 6, 2005

**SPECIAL AWARDS BY THE GERMAN WEIGHTLIFTING FEDERATION TO OUTSTANDING MASTERS.**

*In the January 2005 magazine ATHLETIK, special awards for outstanding contribution by the BVDG. The honors were given by Dr. Jurgen Lippman and President Claus Umbach to the following.*

*Mr. Han Kuhn*

*Mr. Hans Ehlenz*

*Mr. Kurt Rosenburger*

*Mr. Karl-Heinz Fechter*

*Congratulation to the Masters Leaders for there contribution to the Masters program in Germany and to the World Masters. Mr. Walter Imahara*

## **WOMEN'S REPORT**

*The World Masters Games are history now and I'm pleased that the women did wonderfully well. First, and most importantly, there were no drug positives for women. This holds our record for NO positives drug tests for women since 1993 when women first lifted in the IWF Masters World Championships. We had 57 women lifting, with many records being broken or established. The quality of women's lifting has certainly improved over the last few years. We only had two lifters who did not post a qualifying total or higher, you will not get points on the Women's Hall of Fame Survey, regardless of your place in the results. Marga Jorgensen (DEN) was inducted into the Hall of Fame for 2005. Congratulations to Marga, who is National Masters Chairman for Denmark as well as being an outstanding athlete. Our nomination for induction into the Hall of Fame for 2006 is Caroline Charles (GBR).*

*Apologies are in order to the women for not having the proper 2.5 kg plates available in the warm-up area and on the platform. I will start immediately to work with the organizers in France for 2006 to make sure that this doesn't happen again. I think we can all agree that enough women's bars were there, unlike previous years.*

*The Women's Executive Committee includes myself, Marga Jorgensen (DEN), Coral Quinell, (AUS), Tina Ball, (NZL), Bronwin Carter (GBR), Gudrun Schmidberger (GER), Judy Quinn, (CAN) and Dr. Karyn Marshall (USA), ad hoc member. We had a most productive meeting and now we will be hearing of special women's issues from around the world.*

*I couldn't be more pleased with the increase in number and quality of Masters Women's lifting.*

*Submitted by Barbara Conley, Women's Chair*

---

**NEW UNIFORM FOR THE IWF MASTERS BUT NOT PASSED BY THE IWF MASTERS EXECUTIVE BOARD**

**IWF-MASTERS COMMITTEE  
WALTER M. IMAHARA, MASTERS CHAIRMAN  
8660 PERKINS RD  
BATON ROUGE, LA 70810**

**ADDRESS CORRECTION REQUESTED**

**Return Postage Guaranteed  
FIRST CLASS MAIL**

**2006 IWF-MASTERS WEIGHTLIFTING NEWSLETTER**

Please accept payment for subscription to the IWF-Masters Weightlifting Newsletter. My address below is correct. Subscription rates are \$25.00 (US) and out of country \$30.00 (US Dollars)

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_

If new address, please check (     )

**PLEASE NOTE NEW ADDRESS TO SEND PAYMENT.**

(Make checks payable to: **IWF-Masters**  
8660 Perkins Rd., Baton Rouge, LA 70810.)

**IWF. MASTERS NEWSLETTER INCLUDES:**

Pan-American Masters  
World Masters  
World Masters Games  
European Masters  
Records for the World Masters  
IWF-Masters Hall of Fame

---

**IWF-MASTERS WEIGHTLIFTING SCHEDULE**

- 2006 IWF World Masters Championships  
COMITE des MONDES  
Mrs. Daniele DUCOS, Meet Director  
193, Avenue du TAILLAN  
33320 Eysines, France  
Aug 26-Sept 2, 2006  
Tel/Fax: +33 (0) 5 56 28 61 03  
Email: [yves.ducos@wanadoo.fr](mailto:yves.ducos@wanadoo.fr)
- 2007 IWF-World Masters Championships  
Kazinbarcika, Hungary
- 2008 IWF-World Masters Championships  
Kefalonia, Greece
- 2009 IWF-World Masters Championships  
Sidney, AUS