

Women's Report – World Masters Championships- Limassol, Cyprus - 2011.

This is now my third year in office in the position of Women's' Officer.

After last year's championships it was agreed to continue with the original qualifying total for the women. As a result we have continued to have an increase in entries. This year we had an entry of 81 women. Of these 70 women attend the championships. This is an increase of 11 from last year. From these entries there were a total of 39 new world records broken by 12 lifters from 10 countries.

This is a vast improvement on last year's 19 world records. The quality of lifting this year was a vast improvement on previous years and we had some great competition in some of the classes.

We now have a women's page on the website which includes minutes of our meetings my reports and any specific issues relating to women's lifting.

A women's meeting took place on the 2nd November 2011. A number of issues were raised and discussed.

At this championships the women were disappointed that there were not enough 2.5kg and 5kg large discs in fact only 2x 2.5 red discs and one was on the platform. Only 1x 1.5kg disc black. They were also of poor quality. This led to a limited supply of the smaller 2.5 and 5kg metal discs. After all this is a world Championships and we would expect these to be available.

The women were also disappointed that there were no flags for the medal ceremony and no time clock on the platform for the first days lifting.

However, the warm up room and platform and the training room were all good and everyone agree.

Last year the women's age groups were extended to 65-70 and 70+. It was agreed these were suitable age groups to remain.

Qualifying totals will need to be recalculated, which will be looked at in the coming year.

A further training camp took place which included two men and the proposal is to continue with this.

On ending my report I hope that we continue to increase our entries for women and continue with the excellent standard of lifting we experienced this year. It is a bright future for women's masters lifting.

Caroline Charles

Women's Officer